# LEILANI FARM SANCTUARY NEWS

WIDENING THE CIRCLE OF COMPASSION...



### LEILANI FARM SANCTUARY PREMIERES NEW 6-MINUTE MOVIE!

http://www.youtube.com/watch?v=z-Q1kCD2DAA&feature=youtu.be



Produced by Stars and Cinema

# FEATURED SANCTUARY ANIMAL: LI'I



Li'i - missing his family, but receiving lots of love at Leilani Farm Sanctuary

Li'i, which means "little" in Hawaiian, was adopted as a tiny kitten by a family who loved him dearly and gave him excellent care, but they unfortunately lost their home and were not permitted to bring their beloved cat to the homeless shelter. Li'i is now living happily at Leilani Farm Sanctuary and still enjoys visits from his family.

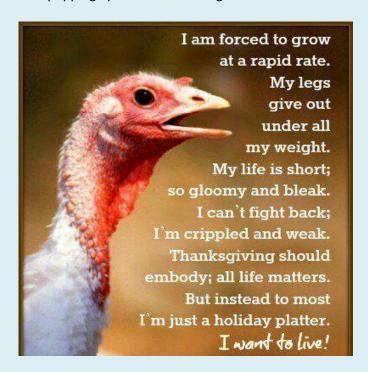
#### HUMANE EDUCATION IS OUR MISSION AT LEILANI FARM SANCTUARY



By learning empathy and respect for all life, children can become protectors of animals.

### CELEBRATE A CRUELTY-FREE THANKSGIVING -- SKIP THE TURKEY

Creating a sumptuous feast, without turkey, is easy. What a great season to live vegan! Vegan food is everywhere -- with new products and menu items popping up all the time. For great food ideas and Thanksgiving recipes click here.



Watch new undercover video exposing Butterball's Criminal Cruelty to Turkeys

# **VOLUNTEERING AT LEILANI FARM SANCTUARY**



Li'i and Paige share a special moment

Join us on **Monday and Wednesday mornings at 9:00 a.m.** to help out at the farm. Projects may include cleaning the barn, gardening, spreading wood chips, animal grooming, handyperson jobs, deck cleaning, tree trimming, manure collection, weed whacking, mulching, window washing, cleaning rabbit pen, chain-sawing, chipping, painting, carpentry, trail maintenance, invasive plant removal, fence installation/repair, and more. Your help will make a meaningful difference to the animals and visitors at Leilani Farm Sanctuary. **To participate, please email your RSVP to info@leilanifarmsanctuary.org** 

### COME VISIT US FOR A FARM TOUR



The farm animals are friendly and love visitors!

Sanctuary tours are offered every Wednesday at 4:00 p.m. and Saturday at 10:00 a.m. Reservations are required.

For full details, click here.

# VEGAN STUFFED MUSHROOMS



Makes 2 servings

Prep time: 10 minutes

Total time: 30 minutes

#### **Ingredients:**

- 4 large Portobello mushroom caps
- 2 teaspoons olive oil
- 1 1/2 tablespoons balsamic vinegar
- 1/4 teaspoon coarse salt
- 1/2 teaspoon freshly ground black pepper, divided
- 1 1/2 cups chopped tomato
- 1/3 cup chopped kalamata olives
- 1 cup fresh whole-grain breadcrumbs
- 1/2 cup (4 ounces) shredded vegan cheese (optional)
- 1/4 cup chopped fresh chives

#### Preheat oven to 400°

Place mushroom caps, gill sides up, on a rimmed baking sheet; drizzle with oil and vinegar, and season with salt and 1/4 teaspoon pepper. Bake until caps are just tender, about 10 minutes.

Meanwhile, combine tomato, olives, breadcrumbs, vegan cheese, and chives in a medium bowl. Season with remaining 1/4 teaspoon pepper.

Divide tomato mixture evenly (about 1/2 cup per mushroom) among Portobello caps. Bake 10-12 minutes or until lightly browned and mushrooms are tender. Serve hot.

# BECOME A SUSTAINING SUPPORTER OF LEILANI FARM SANCTUARY!











A monthly gift of \$5, \$10, or whatever amount you wish, will provide stable and ongoing support to help Leilani Farm Sanctuary's rescue and education programs. Leilani Farm Sanctuary's SUSTAINING SUPPORTERS FUND monthly giving program allows the donor's monthly gift to be automatically transferred from a credit card or checking account to the sanctuary, and can be cancelled or changed at any time. To become a Sustaining Supporter, please visit our home page at <a href="https://www.leilanifarmsanctuary.org">www.leilanifarmsanctuary.org</a> or call 298-8544.



Your donations are always appreciated! Please click here to make a tax-deductible donation to Leilani Farm Sanctuary.

## Donations may also be mailed to:

Leilani Farm Sanctuary 260 E. Kuiaha Road Haiku, Maui, HI 96708

### **ABOUT THE SANCTUARY**

Home to goats, rabbits, geese, donkeys, cats, pigs, ducks, deer, tortoises and chickens, Leilani Farm Sanctuary is located on a lush 8-acre farm in Haiku, Maui. It is an all-volunteer, non-profit organization created to provide shelter and care for rescued animals, and humane education to the community. Our goal is to awaken compassion in visitors and inspire them to take the next step toward a cruelty-free lifestyle, by adopting a plant-based diet free of animal products.





Volume 103

www.LeilaniFarmSanctuary.org

(808) 298-8544

If you do not wish to receive future newsletters, please <u>click here</u> and type" Remove" in the subject line.